



Chincoteague Nation

Y - Princess Participants
Handbook

Dear Big Brave,

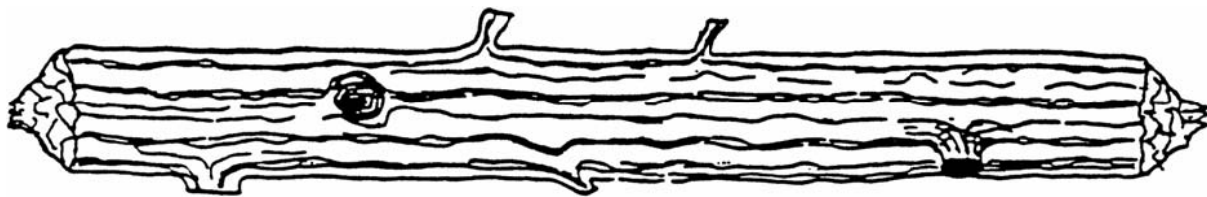
Welcome to the YMCA of Montgomery County Father-Child program family!

By joining the YMCA Father-Child program (formerly Indian Princesses/Indian Guides), you have made an important statement to your community. You have told them that you **care** about your relationship with your child. So often the youth of today are just shuttled from one activity to another without **true** parental involvement. The YMCA Father-Child program puts you in the position to shape your child's life and build a solid citizen for your community.

Always remember that your goal throughout the YMCA Father-Child program is to have fun with your child. The time you spend together today will be crucial to your relationship during the teenage and later years.

Sincerely,

Kee Many Goats
Chief, Chincoteague Nation
Montgomery County, Maryland
August, 2011



YMCA MISSION STATEMENT

The YMCA of Montgomery County is a Human Care organization that puts Christian values into practice, through programs and activities that encourage the development of a healthy spirit, mind, and body of individuals of all religions, races, ages, and communities.

QUICKSTART GUIDE

So you've just signed up for the YMCA Father-Child (formerly Indian Guides/ Indian Princesses) and you want to know exactly what you need to get started.

HOW TO GET STARTED

1 **Choose a Tribe** - If you know someone already in the program and think that tribe is a good match for you and your child, then you may request that tribe. You will need to find out the name of the tribe from your friend. Assignment to a specific tribe cannot be guaranteed, but we do make every effort to make it happen if you request it. If you do not have a specific tribe in mind, you will be assigned to a tribe and that tribe's chief will contact you in a few days to greet you.

2 **Vests** - The patches earned are to be glued or sewn onto a vest. Most patches in this program will be given in pairs (one for the parent and one for the child). To learn where to buy or how to make your vest, see the section of this manual titled "VESTS".

Vests should be worn at all tribe meetings and nation events. The vests are an excellent way to advertise our program, so please wear them.



3 **Headband** - The headband included in your Indian Kit may be worn by your child and will display earned feathers. For more information regarding earning feathers, see the section of this manual titled "INDIVIDUAL AWARDS". The headbands may be worn at all tribe meetings and nation events.

4 **Induction** - each year in October, we hold an induction ceremony. This is where we formally welcome new members to the Nation for the first time. All of the tribes of all of the nation attend the induction ceremony. The induction ceremony is usually conducted at the Hayride/Pumpkin Patch.

5 Make sure you have basic **camping equipment** such as a tent, sleeping bags, ice chest, flashlights, etc. See the sample camping list later in this guide.

6 **Email:** Make sure you are receiving emails from the Nation Chief. If you are a new member, and do not get emails from ipchief@gmail.com, then please send a note to that address asking to be added to the Nation Roster. You should also get emails from your tribe chief.

7 **Website:** Our website is <http://www.chincoteaguenationip.org> ; This is a good first place to look for information on upcoming events, calendar, etc.

Program History



The Father and Son Y-Indian Guide Program was developed in a deliberate way to support the father's vital family role as teacher, counselor and friend to his son. The program was initiated by Harold S. Keltner of the St. Louis YMCA as an integral part of association work. In 1926 he organized the first tribe in Richmond Heights, Mo., with the help of his friend, Joe Friday, an Ojibwa Indian, and William H. Hefelfinger, chief of the first Y-Indian tribe.

Inspired by his experiences with Joe Friday, who was his guide on fishing and hunting trips to Canada, Harold Keltner initiated a program of parent-child experiences that now involves a quarter of a million children and adults annually in the YMCA.

While Keltner was on a hunting trip in Canada one evening, Joe Friday said to his colleague as they sat around a blazing campfire: "The Indian father raises his son. He teaches his son to hunt, track, fish, walk softly and silently in the forest, know the meaning and purpose of life and all he must know, while the white man allows the mother to raise his son." These comments struck home, and Harold Keltner arranged for Joe Friday to work with him at the St. Louis YMCA.

The Ojibwa Indian spoke before groups of YMCA boys and dads in St. Louis, and Keltner discovered that fathers, as well as boys, had a keen interest in the traditions and ways of the American Indian. At the same time, being greatly influenced by the work of Ernest Thompson Seton, great lover of the outdoors, Harold Keltner conceived the idea of a father and son program based upon the strong qualities of American Indian culture and life--dignity, patience, endurance, spirituality, feeling for the earth and concern for the family. Thus, the Y-Indian Guide Program was born.

The rise of the Family YMCA following World War II, the genuine need for supporting young girls in their personal growth and the demonstrated success of the father-son program, in turn nurtured the development of YMCA parent-daughter groups. The mother-daughter program, now called Y-Indian Maidens, was established in South Bend, Ind., in 1951; three years later father-daughter groups, which are now called Y-Indian Princesses, emerged in the Fresno YMCA of California.

In 1980, the YMCA of the USA recognized the Y-Indian Braves for mothers and sons; thus completing the four programs and combinations in Y-Indian Guide Programs.

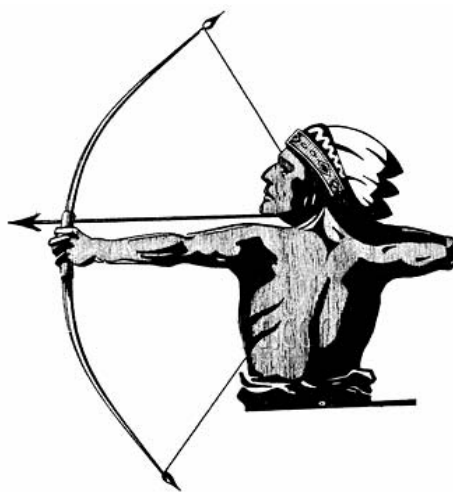


Use of the Native American Theme

Because Y-Father-Child Programs have drawn heavily on the culture and customs of Native American tribes, YMCA lay and staff program leaders must try to represent the Native Americans' contributions to our nation's life and history accurately and positively. The following guiding principles are presented for consideration and implementation by local YMCA boards and father-child program leaders.

- An American Indian is a human being. Scripts, film, program pageants, and youth activities that portray American Indians and their life-style, culture, and customs should be carefully evaluated for appropriateness.
- American Indian religion is sound. Each tribe had its own beliefs, which evolved over many thousands of years. These religious beliefs served American Indians both in times of plenty and in times of need; they were sacred and meaningful to each tribe, and must be treated with respect and reverence.
- The languages of American Indians are graphic. Each tribe spoke its own dialect and took great pride in oratory. The language used was both poetic and expressive. Words such as "how" and "ugh" were not part of the Indian vocabulary and should never be used.
- Indian names should engender respect. Names such as squaw, buck, and chief are often used as nicknames for Native Americans: Native Americans find this degrading. Indians should be addressed with respect, by their proper names. When choosing a Y-Indian name for you and your child, please be respectful and choose appropriately. See page 33 for a thorough list of sample names.

Throughout the history of this program, Native American fathers and their children have participated in this program. However, there are some Native American tribes and groups that believe this program denigrates their culture and their people. We maintain that we honor the Native American tribes. The Native American theme gives us an opportunity to teach our children about indigenous peoples of the past and of the present rather than allowing our children to learn about such cultures through fictional movies and stories which may inaccurately portray Indians.



THE Y-PRINCESS PROGRAM

PURPOSE

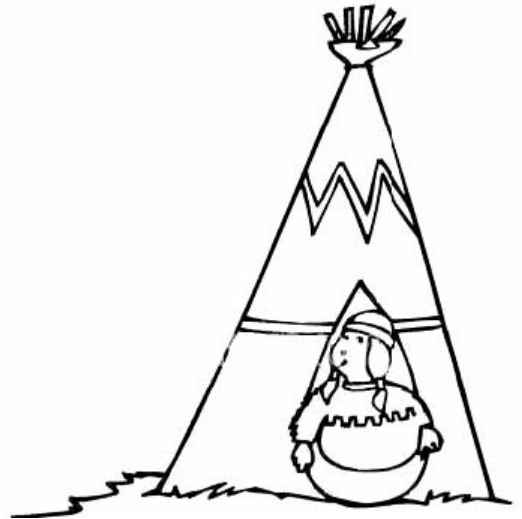
To foster understanding and companionship between father and daughter.

SLOGAN

"FRIENDS ALWAYS"

THE AIMS

1. To be clean in body and pure in heart.
2. To be "Friends Always" with my father/daughter.
3. To love the sacred circle of my family.
4. To be attentive while others speak.
5. To love my neighbor as myself.
6. To seek to preserve the beauty of the Great Spirit's work in forest, field and stream.



PLEDGE

"We, Father and Daughter, through friendly service to each other, to our family, to this tribe, to our community, seek a world pleasing to the eye of the Great Spirit."

DAILY PRAYER

"Great Spirit, Help me to be clean in body, to be pure in heart, to love the sacred circle of my family, and to preserve the beauty of your work in the forests, and in the fields and streams. Waconda."

Program Structure

TRIBES

All members participate in small groups called tribes. They meet at each others' home regularly throughout the year. Each tribe has a Chief.

NATIONS

There are four Nations: Y-Papoose, Y-Guides, Y-Princesses, and Y-Trailmates. All Y-Guide tribes belong to the Y-Guides Nation, Y-Princesses to the Y-Princess Nation, etc.

Nation Officers are dads who have been in the program for at least one year. These officers are the leaders of our Longhouse meetings. Dads are encouraged to serve on the Longhouse as a nation officer for a minimum of two years.

Nation Officers include:

- **Nation Chief** – The Big Kahuna! He leads the Longhouse meetings and the activities of the entire nation. This “seasoned” Father-Child Program dad provides organization and program philosophy to the program.
- **Wampum Bearer** – The Treasurer. He keeps track of all accounts, and provides payment to suppliers and reimbursement when provided with a valid receipt.
- **YMCA Program Director** – YMCA Staff Person. He/she is responsible for the administration, planning, and implementation of the YMCA Father-Child program for Montgomery County YMCA.
- **Legend Keeper** – Responsible for providing a meaningful and interesting story at Nation Campouts



COUNCIL OF ELDERS

The Council of Elders help identify future leaders, help in recruitment efforts, provide long-term and short-term planning, help Nation officers with resources for events and training.

The Council of Elders Federation includes the Nation Officers and former Nation Officers.

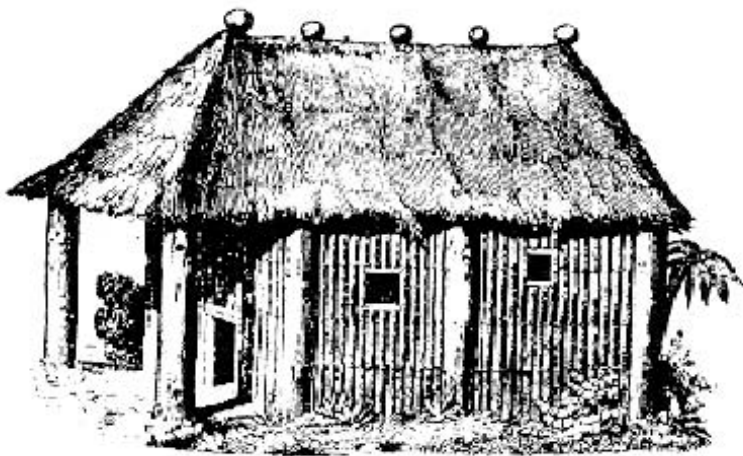
Policies

Campout Policies

If you have a friend who has **never** been on one of our Father-Child events, you may bring them as your guest. They will not have to pay the YMCA fees or program dues, but they will need to pay for the campout. Since they are not members, they will not receive patches.

Proper camping and fire procedures must be adhered to at all times during any YMCA Father-Child camping trip. Fires are only permitted with adult assistance. All park regulations, curfews, and quiet times must be followed. At the conclusion of an event, the campgrounds must be left in better condition than when the tribe arrived. Swimming is only permitted in Park approved areas under adult supervision, and life preservers must be worn during ANY water-craft activity.

- 1 A child must be registered as a program member or a guest before they can be registered for a campout.
- 2 A child attending a prior campout as a program member or guest may not register as a guest.
- 3 All children attending a campout must be registered as a program member or guest (including siblings of a registered child).
- 4 If a child attends a campout without being registered for the program or campout, the parent will be asked to register and pay for the child accordingly.
- 5 If the parent refuses to register and pay for an attending child, they will be asked to leave.
- 6 Children must be supervised at all times.
- 7 Children may not carry knives, axes, guns, bows or similar without adult supervision.



Health And Safety Policies

- 1 Parents are required to attend ALL activities with their children.
- 2 Smoking is prohibited at tribal meetings and confined to restricted areas at nation and council activities and outings.
- 3 All safety precautions must be taken when participating in any function or outing.
- 4 Parents are solely responsible for the health and safety of their child at all activities.
- 5 Proper camping and fire procedures must be adhered to at all times during any YMCA Father-Child camping trip.
- 6 Provisions must be made for any persons with any type of handicap that requires special attention.
- 7 Any person with knowledge of noncompliance with these policies must report the information to their Tribal or Nation Chief.

Father's Responsibility for Another Child

If a situation occurs where a child attends a campout or other outing without their Father, or the Father will be away without the child during the event, the Tribal Chief should approve this beforehand. The following steps should be taken:



- 1 An adult needs to agree to take responsibility for the child(ren) who's Father is not present.
- 2 A permission slip needs to be signed by the parent and the responsible adult (the slip to use is attached herein)
- 3 The child(ren) needs to understand that the responsible adult will be watching them and needs to heed their instructions and authority
- 4 Responsibility for a child cannot be conveyed to another adult without steps 1-3 above.

Cancellation Policy

The only time that we will cancel an event is if there has been a severe weather storm warning in our area or the area to which we are travelling. If you are in doubt, please contact the chief of your tribe. Plan for rain and cold weather. Ask some of our veterans, the "less than ideal weather" campouts have been some of the most enjoyable.

Refund Policy

Unfortunately, we may not be able to refund or credit after the deadline for events. We make reservations and deposits several months in advance for our outings. After the deadline, we make final arrangements. In other words, once we have made final arrangements, we are financially responsible and the parks will not refund any money.

CAMPOUT INFORMATION

General

Your tribe may participate in one of four annual campouts. These are either Tent-Camping or Cabin-Camping. The campouts are the highlight of the Father-Child Program. Tent campsites usually provide water, and fire pit. Some have electricity, but not all. Cabin campouts are at summer-camp or retreat centers. Sheets and pillows are rarely provided.

Campouts start on Friday evening and end on Sunday morning. Campout spaces are on a first-come first-serve basis. Your entire tribe needs to register early to be guaranteed a spot at the campout. The organizing tribe assigns campsites.

Pay close attention to the campout flyer. It will state which meals (if any) are provided, give directions to the campsite and other details for the event.

Campout Duties

The hosting tribe performs the duties to ensure a great campout for the Nation. Campouts can only function like a well-oiled machine if each tribe pitches in to take on a campout duty. Duties might include putting organizing athletics, setting up the campfire, or arranging a Nation Hike. Each duty is important to the overall flow of our campout.



Council Fire And Tribe Chant

One of the highlights of the campout is the Saturday evening council fire. The fire council begins with a nation procession from one end of camp to the council fire ceremony. Tribes will join the procession by giving their tribe chant to the nation chief when he calls their name. If the nation chief approves, the tribe may join in the procession towards the council fire ceremony. Your tribe chant is a chant or song that the kids and dads make up. Make it as personal as possible by using your tribe name and personality of your tribe. Also, make it simple and easy to remember. The ceremony will consist of inspirational words from our longhouse nation officers, stories, and of course a big fire (if the Great Spirit deems us worthy). These ceremonies will be long remembered by each father and child. Each ceremony ends with each father and child being asked to go into the world to live out the aims of the YMCA Father-Child program. Patches are given to all members who attend.

Events

The schedule at our campouts is very relaxed. We want you to enjoy your time camping with your child, so only a few events require you to be at a certain place at a certain time.

Registration

Your tribe is encouraged to register for each campout as soon as registrations begin. Campouts fill up fast. Even though we will have enough camp spaces for everyone in our program, we may not have enough at a desired camp on a specific weekend.

Passing The Chief Torch

At the spring campout, it is a tradition that you pass the torch of being tribal chief to another dad in your tribe. This is done at the beginning of the council fire ceremony. Your responsibilities as tribe chief will then be transferred to the new chief. It is important that your tribe seriously consider who will be the new chief. As you will learn, being chief carries some major responsibility. A non-active chief will result in a non-active tribe. Please choose the best person for this position. Not only will this dad remember the good times being chief, but his child will cherish the memories of dad being chief

Individual Awards

1st year	Red Feather
2nd year	Green Feather
3rd year	Yellow Feather
4th year	Eagle Feather
5th year	Medallion
6th + years	Additional Recognition



Make Up Policy

Because our program involves so many people and so many different schedules, it is difficult to schedule a make up campout. As I mentioned before, we make reservations for campsites several months in advance. History has shown that rescheduling doesn't work.



Camping Checklist

Additional space provided so that you may enter your own items.

Program Related:	Miscellaneous:	Clothing:
<input type="checkbox"/> Beads	<input type="checkbox"/> Air mattress	<input type="checkbox"/> Cap or Hat
<input type="checkbox"/> The Participants' Guide	<input type="checkbox"/> Air mattress pump	<input type="checkbox"/> Coat/Jacket
<input type="checkbox"/> Drum (Chief)	<input type="checkbox"/> Bicycles	<input type="checkbox"/> Flip-flops
<input type="checkbox"/> Headband	<input type="checkbox"/> Camera	<input type="checkbox"/> Jeans
<input type="checkbox"/> Indian vest	<input type="checkbox"/> Cash money	<input type="checkbox"/> Shirts
<input type="checkbox"/> Necklaces	<input type="checkbox"/> Electrical cord	<input type="checkbox"/> Shorts
<input type="checkbox"/> Tribe banner (Chief)	<input type="checkbox"/> Fishing rods and gear	<input type="checkbox"/> Sleepwear
<input type="checkbox"/> Headdress (Chief)	<input type="checkbox"/> Games & Toys	<input type="checkbox"/> Socks
	<input type="checkbox"/> Insurance cards	<input type="checkbox"/> Spare pair of shoes
Cabin Camping Gear:	<input type="checkbox"/> Licenses/Permits	<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Backpack	<input type="checkbox"/> Notepad	<input type="checkbox"/> Swimsuit
<input type="checkbox"/> Batteries	<input type="checkbox"/> Pen/Pencil	<input type="checkbox"/> Underwear
<input type="checkbox"/> Binoculars	<input type="checkbox"/> Power strip	
<input type="checkbox"/> Small broom	<input type="checkbox"/> Spare car keys	
<input type="checkbox"/> Canteen or water bottle	<input type="checkbox"/> Trash bags	
<input type="checkbox"/> Bug Repellent	<input type="checkbox"/> Umbrella	
<input type="checkbox"/> Compass		
<input type="checkbox"/> Duct tape		
<input type="checkbox"/> First aid kit		
<input type="checkbox"/> Flashlights		Toiletries:
<input type="checkbox"/> Folding chairs		<input type="checkbox"/> Body soap
<input type="checkbox"/> Leatherman/knife		<input type="checkbox"/> Chapstick
<input type="checkbox"/> Poncho/raincoat		<input type="checkbox"/> Hair brush
<input type="checkbox"/> Sewing kit	Food Related:	<input type="checkbox"/> Medications
<input type="checkbox"/> Sleeping bags	<input type="checkbox"/> Aluminum foil	<input type="checkbox"/> Mirror
<input type="checkbox"/>	<input type="checkbox"/> Can opener	<input type="checkbox"/> Razor blades
<input type="checkbox"/>	<input type="checkbox"/> Charcoal	<input type="checkbox"/> Shampoo
	<input type="checkbox"/> Cooking pots	<input type="checkbox"/> Shaving Cream
	<input type="checkbox"/> Cooking utensils	<input type="checkbox"/> Sunscreen
Tent Camping Gear (above +):	<input type="checkbox"/> Cups	<input type="checkbox"/> Toothbrush - Dad
<input type="checkbox"/> Camp Table	<input type="checkbox"/> Cutlery	<input type="checkbox"/> Toothbrush - Child
<input type="checkbox"/> Matches	<input type="checkbox"/> Dish soap	<input type="checkbox"/> Towels
<input type="checkbox"/> Rope/Twine	<input type="checkbox"/> Firewood	<input type="checkbox"/> Tweezers
<input type="checkbox"/> Lantern fuel	<input type="checkbox"/> Folding table	<input type="checkbox"/> Vitamins
<input type="checkbox"/> Ground sheet	<input type="checkbox"/> Gas stove	<input type="checkbox"/> Toothpaste
<input type="checkbox"/> Mallet/Hammer	<input type="checkbox"/> Ice chest	
<input type="checkbox"/> Small shovel	<input type="checkbox"/> Napkins	
<input type="checkbox"/> Lantern, extra mantels	<input type="checkbox"/> Oven gloves, pot holders	
<input type="checkbox"/> Tent and stakes	<input type="checkbox"/> Paper plates	
<input type="checkbox"/> Cooking Fuel	<input type="checkbox"/> Scrub sponge	
<input type="checkbox"/> Axe or hatchet	<input type="checkbox"/> Water jug	
	<input type="checkbox"/> Coffee & coffee pot	

Tribe Meetings

Tribes normally have a monthly meeting that rotates each month to a different tribe member's home. While most tribe meetings are unique, certain rituals are common among all Y-Princess tribe meetings. The Tribe Chief is responsible for the flow of the meeting.



Wampum (or Tribal dues) are collected at each meeting. Each tribe sets its own dues to cover miscellaneous costs such as paying for common supplies on camping trips.

As tribal wampum is collected, each child hands it to the Chief and is encouraged to tell of a good deed that they have done to earn it. It can be about anything that is of interest to your child. For example, a visit to grandparents, a trip to the zoo, or an A on a spelling test.

Wampum Collection is an important part of the tribal meeting. It not only develops self-confidence and poise in the children, but helps the tribe get to know one another.

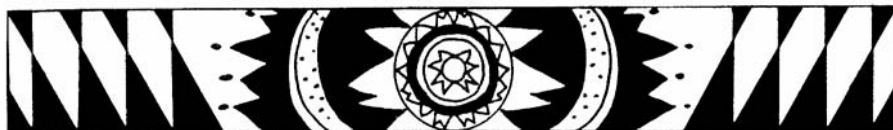
The hosting Father is responsible for the agenda for the meeting. Tribe meetings can be at public areas like a park, swimming pool, ice-skating rink or bowling alley. If they are at a home, the hosting Father typically provides a craft and refreshments. Each family should take turns hosting the monthly meeting.

Tribe Meetings conclude with the Tribal Prayer.

Dad's Meetings

Most of the common shortcomings of tribes can be eliminated by meeting without the children several times during the year. The main purpose of these meetings is to iron out tiresome business details and avoid boring the children during tribal meetings. Any business that takes more than five minutes in a tribal meeting should be referred to the parents' meeting. Planning for trips, special events, and so forth goes much smoother when parents meet alone.

Advance planning can be done for a month or semester at a time at a parents' meeting. Also, the parents with logical excuses for not doing a certain task can explain their reasons without having the children present. Special events or surprises can be discussed without exciting the children too far ahead of time. For example, a weekend camping trip two months away can be planned by the parents without making the children wait too long.



Longhouse Meetings



Longhouse meetings are held each month for all tribe chiefs and the Wampum keeper. These meetings are very important. Nation events are discussed, information is given out concerning up-coming events, and decisions are voted upon that will affect the entire nation. Lessons learned from events will be discussed at the start of each Longhouse.

Tally sheets are turned in at this time. Due dates for Tally sheets are provided on the planning calendar, and are specified on the event flyer. No guarantees will be made that families can attend an event if they sign up and pay late.

If the tribe chief cannot make a meeting, he should send a tribe representative in his place. Tribes that function poorly are those tribes not represented at the Longhouse meetings. Longhouse meetings are for parents only. Although specifically designed for the chiefs, any parent is welcome to attend

Example Indian Names

Every member must choose a Native American name. The selection of a name for parent and child should be done with the same respect and ceremony that is practiced by the American Indian. The name should reflect honor, and the bearer should carry it with honor.

The American Indians grant names to their children in the following ways, which your tribe can consider in selecting names that have meaning for each specific person.

- The elders' vision of what the child may turn out to be.
- Something that stood out in the parents' minds on the day the child was born.
- The traits of the parent or child (Great Thunder, Keen Eyes, Quiet Squirrel).
- An experience of great meaning to the family (Clear Water, Red Sky).

BRAVES

Bear Claw	Bright Arrow	Little Turtle	Raging Bull
Big Bear	Bright Lightning	Little Wing	Raining River
Big Brave Buffalo	Bright Spirit	Little Wolverine	Rattler
Big Buffalo	Broken Arrow	Long Bow	Raving Bull
Big Oak	Burning Arrow	Long Knife	Red Arrow
Big Running Fox	Burning Fire	Mighty Mouse	Red Cheetah
Big Sky	Canoe Rider	Moon Ray	Red Dog
Big Trout	Cloud Dancing	Moon Sliver	Red Eagle
Biting Python	Condor	Mountain Lion	Red Eagle
Black Bear	Crashing Wave	Night Spirit	Red Feather
Black Elk	Crazy Fox	Old Grizzly Bear	Red Hawk
Black Hawk	Crazy Horse	Ooltewah	Red Hawk
Blue Fox	Crazy Legs	Owl Moon	Red Ryder
Blue Sky	Dances With Wolves	Painted Horse	Tomahawk Dark
Bow Hunter	Dune Runner	Purple Pond	Hawk
Brave Fox	Eagle Eye	Racing Stallion	
Brave Thunder	Little Shark	Radiant Rainbow	
Brave Tomahawk	Little Stream Dancer	Raging Buffalo	

PRINCESSES

Amber	Crawling Cub	Evening Star	Flying Eagle
Autumn Sun	Dancing Bear	Falling Rock	Flying Hawk
Big Butterfly	Dancing Butterfly	Falling Snowflake	Flying Squirrel
Big Cat	Dancing Cub	Fast Buck	Friendly Eagle
Big Rainbow	Dancing Heart	Fast Raccoon	Galloping Horse
Black Raven	Dancing Pony	Fire Starter	Gliding Eagle
Blonde Feathers	Dancing Rainbow	Fire Stick	Glowing Moon
Blue Dolphin	Dancing Star	Fishing Bear	Golden Arrow
Blue Moon	Dancing Swan	Flaming Arrow	Golden Bear
Blue Sunshine	Dancing Wind	Floating Moon	Golden Bobcat
Bright Moon	Daring Doe	Flowering Blossom	Golden Fox
Bright Sunshine	Darting Horse	Flying Arrow	Golden Hawk
Climbing Rock	Dream Catcher	Flying Bird	Golden Pony
Cloud Flower	Eagle Eye	Flying Eagle	Golden Rain

Golden Star	Little Fawn	Raven	Sleeping Fawn
Golden Sun	Little Feather	Red Robin	Slithering Snake
Golden Sunset	Little Fish	Rising Moon	Smiles-a-Lot
Good Feather	Little Flower	Rising Star	Smiling Star
Gray Wolf	Little Fox	Rising Sun	Snarling Wolf
Great Eagle	Little Golden Bear	Rising Sun	Snowflake Star
Green Iguana	Little Grizzly Bear	Road Runner	Soaring Eagle
Grey Feather	Little Hawk	Roadrunner	Soaring Eagle
Grey Wolf	Little Licking Kitty	Roaring Tiger	Soaring Hawk
Grinning Bear	Little Lightening	Roaring Water	Sparkling Moon
Growling Bear	Bolt	Rolling Thunder	Sparkling Star
Hairy Bear	Little Lion	Round Moon	Sparkling Stream
Happy Cloud	Little Manatee	Run Like The Wind	Speedy Bear
Hawkeye	Little Mustang	Running Bear	Spirit Dog
Heavy Feather	Little Owl	Running Bull	Spring Star
Hoarse From	Little Rainbow	Running Bull	Stalking Bobcat
Roaring	Little Rock	Running Bunny	Star Finder
Honey Bear	Little Running Bear	Running Deer	Storm Eagle
Hopping Foot	Little Running Bee	Running Fox	Straight Arrow
Howling Coyote	Little Running Wolf	Running Gator	Straight Arrow
Howling Wolf	Little Shooting Star	Running	Strong Wind
Howling Wolf	Little Snow Bear	Roadrunner	Strong Wind
Hummingbird	Little Spark	Running Skunk	Sun Eagle
Hungry Bear	Little Stream	Running Wind	Sun Flower
Hunting Hawk	Little Thunder	Running Wolf	Sunflower
Hunting Wolf	Little Turtle	Runs Like the Wind	Sunrise
Ice Dancer	Little Wing	Rushing River	Swift Eagle
Ice Wolf	Little Wolf	Rushing River	Swift Hawk
Indian Feather	Lone Star	Scampering Wolf	Swimming Cat
Jumping Deer	Moon Bear	Screaming Eagle	Swimming Otter
Jumping Wolf	Moonbeam	Sea Turtle	Tall Oak
Leaping Deer	Moonbeam	Sharp Horned	Tall Snake
Leaping Fish	Moonflower	Buffalo	Tall Tree
Leaping Lizard	Moonlight	Shining Daisy	Tender Warrior
Leaping Toad	Morning Cloud	Shining Owl	Thunder
Light Feather	Morning Dove	Shining Red Star	Thunder Cloud
Lightening Bolt	Morning Star	Shining Ring	Thunder Light
Lightning Moose	Mountain Flower	Shining Wolf	Thunderbolt
Limping Wolf	Night Owl	Shivering Deer	Thundering Moose
Lion Heart	Pink Blossom	Shooting Arrow	Tiger Paw
Little Acorn	Pink Cloud	Shooting Arrow	Tiger Tooth
Little Bear	Prairie Falcon	Shooting Bull	Tiger Tooth
Little Bear	Prancing Deer	Shooting Star	Tiger Tulip
Little Blossom	Prancing Pony	Short Change	Turtle Keeper
Little Blue Eyes	Princess Butterfly	Silver Bass	Walking Bear
Little Blue Feather	Proud Eagle	Singing Bird	Walking Buffalo
Little Bright Star	Purple Cloud	Singing Dolphin	Water Lilly
Little Buck	Purple Dawn	Singing Grass	Water Lilly
Little Buffalo	Raccoon Eyes	Singing Water	Whispering Wind
Little Butterfly	Rain Cloud	Sitting Buck	White Buffalo
Little Cougar	Rain Drop	Sitting Bull	White Cloud
Little Dolphin	Rainbow	Sky Hawk	
Little Dove	Rainbow Warrior	Sleeping Badger	
White Eagle	Wild Bear	Wild Runner	Wrestling Bear
White Eagle	Wild Boar	Wile Coyote	Yellow Sunflower
White Panther	Wild Coyote	Wind Dancer	Young Eagle Eye
White Pearl	Wild Eagle	Wind in Golden Hair	
White Shark	Wild Flower	Winter Hawk	
White Wolf	Wild Horse	Wolf Eyes	

VARIOUS NATIVE AMERICAN WORDS

The spelling provided in the “Indian Word” column is the English spelling of the Amerindian word. This is due to the fact that many Amerindian letters are symbols not in the English alphabet. Even words that do have similar symbols do not necessarily sound the way they may look to a non-native speaker. To make it easier on those who wish to use these words in writing, only the English spelling has been provided. If no English spelling is known to exist, one was made up that closely resembled its pronunciation.

English Translation	Indian Word	Pronunciation	Tribe of Origin
Children	Wakanheja	wah-KON-eh-zah	Dakota/Lakota/Nakona
Dance	Wacipi	wa-CHEE-pe	Dakota/Lakota/Nakona
Drum	Cancega	CHON-chay-gah	Dakota/Lakota/Nakona
Fire	Ko	KO	Navajo
Fish	Loo	LOW-OH	Navajo
Friend	Kage	KAW-gay	Omaha-Ponca (Siouan)
God or the Great Spirit	Waconda	wah-KONE-dah	Omaha-Ponca (Siouan)
Grand Entry	Okawingapi	wah-KAH-win-ah-pe	Dakota/Lakota/Nakona
Great Spirit/The Creator	Wakantanka	wak-KON-ton-kah	Dakota/Lakota/Nakona
Hello	Yatahey	YAH-AHT-ay	Navajo
Hello	Aho	ah-HO	Omaha-Ponca (Siouan)
Hello	Osiyo	oh-see-YOH	Cherokee (Tsalagi)
Hello Friend(s)	Aho kage	ah-OH KAW-gay	Omaha-Ponca (Siouan)
House	Kin	KIN	Navajo
I am finished	Washte	wash-TAY	Omaha-Ponca (Siouan)
Light, lamp, candle	Gulekey	gule-KEE	Muskogee (Creek)
Mother	Amo	a-MAH	Navajo
Mountain	Gunehoolwethlaggo	goon-hool-wee-THLAG-go	Muskogee (Creek)
My father	Nehoehe	nee-HO-ay	Cheyenne
No	Dooda	DOH-OH-dah	Navajo
Sky	Ya	YAH	Navajo
Smoke	Lid	Lid	Navajo
Song	Odowan	oh-DOH-won	Dakota/Lakota/Nakona
Warrior/veteran	Akicita	ah-KE-che-tah	Dakota/Lakota/Nakona
Water	To	TOH	Navajo
Yes	ahoh	ah-OH	Navajo



TRIBAL PRAYER

And now

(finger pointing to the ground)



May the Great Spirit

(fingers circling, up, imitating smoke)



Of all good spirit

(arms outstretched)



Be with

(arms in close)



You

(fingers pointing across the circle)



Now

(finger pointing down)



And forever more

(action of shooting bow and arrow)

